

GO WILD™
PREMIUM SEAFOOD

From an MSC certified sustainable fishery. www.msc.org
MSC-C-52906



HEALTHY
PRE-PORTIONED
CONVENIENCE
2 SERVINGS

Premium wild-caught

ALASKA SOCKEYE
SALMON

Net weight 8 oz. (227g)

Nutrition Facts

Serving Size 4 oz. (113g)
Servings Per Container 2

Amount Per Serving
Calories 160 **Calories from Fat 60**

% Daily Value*

| | |
|------------------------------|------------|
| Total Fat 6g | 9% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 60mg | 20% |
| Sodium 125mg | 5% |
| Total Carbohydrate 0g | 0% |
| Dietary Fiber 0g | 0% |
| Sugars 0g | |
| Protein 24g | |

Vitamin A 4% • Vitamin C 0%
Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Recommended daily value of protein: 50g

INGREDIENTS: Salmon

CONTAINS: Fish

Product of USA



Wild, Natural & Sustainable™



NATIONAL FISHERIES INSTITUTE

All GO WILD™ seafood comes from fisheries that follow responsible, sustainable and traceable fishing practices, preserving supplies for generations to come.